

NEWSLETTER

SUDLEY AREA RESIDENTS' ASSOCIATION

SARA Hall, Rundle Road, Aigburth, Liverpool L17 0AQ

Telephone: 0151 726 0805 Email: secretary@sudley.org.uk

Registered Charity No. 508950

CELEBRATING

40

YEARS IN THE COMMUNITY

1977 - 2017

January 2017, Issue 36

SARA Charity of the Year - The Whitechapel Centre

For 2016 - 17, SARA has been raising funds for The Whitechapel Centre. As at the 20th December, we have raised £770 through raffles on our day trips and holidays, raffles at our events, personal donations and the sale of books from the SARA Hall bookcase.

The Whitechapel Centre work with people who are sleeping rough, living in hostels, or struggling to manage their accommodation. They are committed to helping people find and maintain a home and learn the life skills for independent living.

One Way Traffic System

SARA has been asked to make residents aware of a petition being compiled asking for Dundonald Road, Milner Road and the surrounding streets to become a one-way system. The petition, currently signed by 120 residents, has been drafted with the aims of increasing the safety of residents (in particular children) and to alleviate the traffic congestion which occurs at peak times during the day. To sign the petition before it is delivered to Liverpool City Council, please contact **Tass Sgouros** on **0151 727 2744**.



To mark the 40th anniversary of SARA, we will be holding a celebration party on **Friday 23rd June 2017** from 7pm at SARA Hall. Local resident and Radio Merseyside regular **Sydney F. Smith** will provide an evening of entertainment and cheese and wine refreshments will be served.

Tickets (at a token cost of £2, all of which will be donated to SARA's charity of the year) available by calling 0151 726 0805 from 1st May 2017.

THE LIVERPOOL SHOWTIME GROUP FRIDAY 10TH FEBRUARY 2017

Join us for a night of singing and dancing with **The Liverpool Showtime Group**. All proceeds raised will go to **The Whitechapel Centre**. The evening starts at **7.30pm** and refreshments will be available in the interval. Please call **0151 726 0805** for tickets (£4).

BINGO & QUIZ NIGHT Friday 28th April 2017



Starting at **7pm**, tickets include 4 games of prize bingo, quiz and tea/coffee. An additional *full house flyer* (£1 on the night) will close the evening. Please call **0151 726 0805** for tickets (£4).



REEL STORIES

with Paul Gallagher



Friday 9th June 2017 at 7pm
Followed by the AGM of SARA

Following on from our piece on Hollywood in Aigburth in our last issue, we have invited Paul Gallagher, former curator of urban history at the Museum of Liverpool, to talk about Liverpool on screen. The talk, which starts at **7pm**, will include both films shot here in the city and films based on Liverpool.

After refreshments, the **AGM of SARA** will take place. The Chairman will give a review of the previous 12-months and an insight into future plans. The trustees will be elected for the year ahead. **All welcome to attend both events - there is no charge or ticket required.**



Burglaries Update

Over the last 6 months there has been an increase in burglary in the area. There have been many instances of properties being broken into where the primary intention is to obtain car keys in order to steal cars. In our last Newsletter we mentioned the website www.streetlife.com which provides a forum to keep others informed about issues (including crime) in the area. It's free so we urge you to take a look.

The Police and Community Support Officers suggest a few tips to help reduce or limit the impact of burglary:-

- Alarm your property and fit individual vibration alarms to vulnerable doors and windows.
- Lock all internal doors which should slow down any intruder.
- Remove all keys and valuables from sight.
- Prepare your own plan of action should you need it.

The Community Police have told us that they are understaffed and have to give priority to the most serious crimes. We urge all residents to look closely at their own security management and make improvements accordingly.

Useful tip from SARA: *Be careful when updating your social media, even casual mentions of your new work schedule, upcoming dinner date, or event you're planning to attend can offer important clues about your routine. Think before you post!*

Jericho Lane and Otterspool Residents' Association (JLORA)

We have been contacted by Martin Randall to introduce his recently formed residents' association, JLORA. The group is quite small but has a desire and willingness to make a change in the area. The group has been focussing on 'Clear Up Days' on Jericho Lane tackling the badly overgrown embankment and planting in Jericho Farm Close. The group are also a voice for local green spaces, raising objections to proposals that may be detrimental to the area. For more information, please email Martin on jericholane37@gmail.com

Aigburth Station Book Exchange

A book exchange has been set up in the waiting room on the

City Centre bound platform of Aigburth Station. Books are free to borrow, either to be returned, or by exchanging with your own books. Donations of books are welcome by leaving on the bottom shelf of the bookcase or by calling **Mo Rahilly** on **07772 134823**. Next time you head for the train, why not set off a couple of minutes early so you can check it out.

Local History Class Update - Aigburth

The WEA local history class that launched in September has proved to be very popular. A new ten week term will start on Wednesday 1st February at 1.30pm. An interesting excerpt from the course materials on the origins of Aigburth is below.

There are two possible origins of the name 'Aigburth': it could have been where the Viking 'Aiges' berthed his longboat; or it could derive from the old Norse 'eikr' meaning oak tree and the old English 'beorg' or hill, hence 'hill where the oak trees grow'.

Before 1066, Aigburth was just heath and woodland with a gentle slope down to the river. The earliest known settlement after this date was on the higher ground of what is now Aigburth Vale, alongside the Osklesbrook which rose in Wavertree, ran down through Sefton Park, down the Vale and into the Mersey. Later part of this stream was called the River Jordan by Puritans, hence the name of Jericho Lane. The stream still exists underground which is why the basements of buildings in Aigburth Vale are prone to flooding.

New Session - Nicola Parker Pilates

Monday evenings, 8-9pm starting on Monday 9th January 2017

Mixed Ability Pilates for men and women, for beginners through to the more experienced. All ages welcome from age sixteen upwards. If you want to discover what Pilates is all about or if you want to improve your posture, flexibility, strengthen the core muscles and relieve stress, call Nicola on **07913 668599** or email pilatesnicola@icloud.com to book or for more information. Booking is essential as spaces are limited.

Members' Raffle Winner

Congratulations! Our members' raffle winner for this edition is **Nora Staunton** of **Woodlands Road**. Nora wins a £10 gift voucher for Liverpool One.

MEMBERSHIP FORM FOR SUDLEY AREA RESIDENTS' ASSOCIATION

Name:

Address:

Telephone:

Email:

Please complete this form and return to

The Secretary, SARA Hall, Rundle Road, Aigburth, Liverpool L17 0AQ

We respect your right to privacy and will keep safe any personal details that you give us in line with the UK Legislation on Data Protection.

NB Members are registered until we are told otherwise - it is not necessary to complete a new form each year.

REGISTER OF MEMBERS

Charity law requires us to keep a register of members and we are currently seeking to update this. SARA's activities are open to all without the need for membership. However, every volunteer run organisation needs supporters and anyone is eligible to join SARA.

We already have a significant number of helpers and supporters but not all have formally joined us in membership. We are now asking that you do so by completing the form opposite and sending it to **SARA Hall, Rundle Road, Liverpool L17 0AQ**. Alternatively, telephone **0151 726 0805** and leave your details on the answerphone or email these to secretary@sudley.org.uk



SARA Holidays for 2017



Regrettably, we will not be running a spring holiday this year. We will however be arranging a **2017 Christmas Turkey & Tinsel Holiday** for November, details of which will be in our August Newsletter. Bookings will be taken strictly on a first come first served basis by calling **0151 726 0805** from **Friday 1st September 2017**.

If you don't ordinarily receive the newsletter but would like details, please call **0151 726 0805** and leave your name and address.



SARA Day Trips for 2017

Details of our forthcoming trips are given overleaf. Please read the information carefully as, although most are leaving at the usual time of 9am, there are some leaving earlier at 8.30am and one later at 10am.

Bookings will be taken strictly on a first come first served basis by calling **0151 726 0805** from the booking dates shown overleaf. Please leave your name, telephone number and the number of seats required (**maximum of 4 seats per phone call**) and we will get back to you to confirm.

PARTY TIME

AT S.A.R.A. HALL

Hold your children's parties
at S.A.R.A. Just £30 for 3 hours
and £6 per hour thereafter

0151 726 0805

SARA Hall INDOOR

RUNDLE ROAD, AIGBURTH

Car Boot Sale



10 - 11.30am on 18th March, 20th May,
16th September and 18th November 2017.

Sellers £7 (6ft table included)

Booking in advance only please on 0151 726 0805.

Admission 20p - Refreshments Available

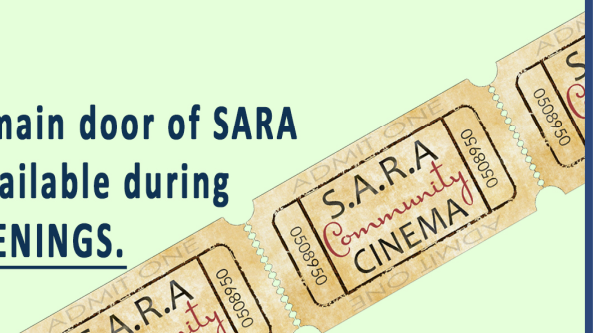


2017 Cinema Screenings at SARA Hall

Friday Evening Films at 7pm on
27th January, 24th February, 24th March,
26th May, 28th July, 22nd September,
27th October and 24th November.

Saturday Family Film
10am on 26th August 2017.
(Children must be accompanied
by an adult)

Details of the next film can be found on the main door of SARA Hall or by calling 726 0805. Refreshments available during the interval. **FREE ADMISSION FOR ALL SCREENINGS.**





Tuesday 21st February 2017 (Booking 31st Jan.)

WHALEY BRIDGE CANAL CRUISE *with two-course hot pot lunch then on to BUXTON*

Coach leaves SARA Hall at 10am. Cost: £28 includes lunch and canal trip.

Thursday 23rd March 2017 (Booking 2nd Mar.)

VICTORIA QUARTER LEEDS *Ornate, glass-roofed Victorian arcades with shops and eateries aplenty.*

Coach leaves SARA Hall at 9am. Cost: £12

Tuesday 25th April 2017 (Booking 28th Mar.)

ST GEORGE'S OSWALDTWISTLE MILL SHOW *with a three-course meal, a patriotic cabaret afternoon of flag waving and 'raving' with a chance to visit the shops too.*

Coach leaves SARA Hall at 9am. Cost: £26 includes lunch and entertainment.

Thursday 18th May

(Booking 27th Apr.)

YORK

Coach leaves 8.30am

Cost: £12

Wednesday 14th June

(Booking 24th May)

LLANDUDNO

Coach leaves 9am

Cost: £12

Monday 17th July

(Booking 26th Jun.)

CHORLEY

Coach leaves 9am

Cost: £10

Friday 18th August

(Booking 28th Jul.)

HARROGATE

Coach leaves 8.30am

Cost: £12

Tuesday 19th September 2017 (Booking 29th Aug.)

CRICH TRAMWAY VILLAGE MUSEUM, DERBYSHIRE *a period village containing a pub, cafe, old -style sweetshop and tram depots. Trams run through the village setting with visitors transported one mile out into the local countryside and back.*



Coach leaves SARA Hall at 9am. Cost £22 includes admission.



S A R A H a l l W e e k l y E v e n t s

For weekly updates, please visit <http://www.sudley.org.uk>

Monday

09:30 - 10:15 Jumping Jacks

10:30 - 11:15 Jumping Jacks

13:45 - 15:45 WEA Passion for Painting (starts 9th Jan.)

17:30 - 18:30 Karate (age 5 - 7 boys & girls)

18:30 - 19:30 Karate for older children and adults

20:00 - 21:00 Pilates ***NEW SESSION*** (starts 9th Jan.)

Tuesday

10:00 - 12:00 WEA Learn to Paint with Acrylics (starts 10th Jan.)

13:30 - 15:30 Tea Dance

17:45 - 19:15 Yoga for Back Pain ***NEW SESSION***

(Gentle Yoga returns in April/May 2017)

20:00 - 22:00 Wu Shu Kwan Kung Fu

Wednesday

09:30 - 11:00 Gentle, Mindful Yoga

11:15 - 12:15 Chair Yoga

13:30 - 15:30 WEA Local History (starts 1st Feb.)

16:15 - 17:30 SARA Trustee Meeting (first Wed. of the month)

18:30 - 20:00 Yoga

Thursday

09:30 - 11:30 Craft

17:30 - 18:30 Karate for all ages

18:45 - 20:45 Yoga

Friday

10:00 - 11:00 Sing-Along-a-Tots

11:30 - 13:30 Yoga for Back Pain (starts 20th Jan.)

Saturday

10:00 - 12:00 Cllr. Hurley's Surgery (first Sat. of the month)

Class contacts:-

Jumping Jacks contact Lucie Campbell on 0151 487 5757

WEA classes contact WEA on 0151 243 5340

Karate contact John O'Neill on 07590 309462

Pilates contact Nicola Parker on 07913 668599

Tue, Wed & Fri Yoga contact Philippa Bellis on 0151 727 3133

Thursday Yoga contact June Bradshaw on 07772 892353

Wu Shu Kwan Kung Fu contact Steve Bishop on 07525 032511

Sing-Along-a-Tots contact Linda Wooding on 07747 047814

For anything else, please contact SARA Hall 0151 726 0805